



TRANSFORMING
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CANCER CARE

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Transforming Care After Treatment

Newsletter - April 2015

Welcome to the second edition of the Transforming Care After Treatment (TCAT) newsletter. TCAT is a partnership between the Scottish Government, Macmillan Cancer Support, NHS Scotland and local authorities, to support a redesign of care following active treatment of cancer. The programme was launched by the Cabinet Secretary for Health and Wellbeing, Alex Neil MSP, in June 2013.

Progress Update

Ten projects in total from across Scotland are being funded for phase 1 of the programme. A number of these are now underway with the remainder expected to commence during the first quarter of 2015. Despite the lengthy process, project staff have remained consistently motivated, committed and have continued to champion their projects.

During 2014 there was significant engagement with social and primary care to promote the work and aims of the TCAT programme. In July 2014 we commenced the process of seeking bids for phase two of the programme. A total of 16 out of 21 bids were approved for funding and these will be supported to develop and implement their projects during 2015. Twelve of the 16 bids are based within local authority/primary care.

TCAT Cancer Experience Panel

In June 2014 the TCAT Cancer Experience Panel met for the first time. This group comprising of individuals that had been affected by cancer was formed to hold the programme board to account to ensure that the programme and individual projects are putting the needs of people affected by cancer at the centre of any development and shaping how cancer services will be delivered.

The group, chaired by Paula Adlin-Scott and supported by Simon Malzer, has brought together experienced, committed and energetic individuals who are very keen to support the programme and its aims and to link closely with the other patient reps that are supporting the regional and local project work.

One significant change for the phase 2 bidding process was the involvement of the TCAT Cancer Experience Panel in the scoring of the submitted bids. The panel had responsibility for 50% of the final score awarded to each bid ensuring it had a strong influence on those projects that were to be supported during phase 2.

During 2015 the TCAT Cancer Experience Panel will concentrate on building links with all the local project patient representatives, monitoring and supporting the work of the projects and expanding its membership. The group now meet on a quarterly basis.

Evaluation

In May 2014, Dr Sue Cruickshank and Ms Karen Campbell on behalf of Edinburgh Napier University were successful with their tender to carry out the evaluation of the TCAT programme and to support the local projects with their evaluation.

In June 2014, the Edinburgh Napier team ran a very well received evaluation workshop with the phase 1 projects, which laid out the plans for the evaluation and allowed the project leads to consider their local evaluation using a logic modelling approach. On the 6th March the team ran a similar workshop with the successful phase 2 projects. The Edinburgh Napier team were able to give clear directions to the projects on the data and information that will be collected by the projects, which will help to demonstrate their impact on people affected by cancer.



Supported by Lucy Johnston the team have been running focus groups with some of the projects, reviewing submitted project paperwork and are establishing the common threads that are running through all the projects to support their evaluation. The process for collecting both qualitative and quantitative data going forward will be discussed with all the projects.

Edinburgh Napier's Baseline Report will be available from the end of March 2015.



Phase 2 Bids

National Teenager & Young Adults (TYA) with Cancer

Project Leads(s) – Dr Angela Edgar & Dr Jeff White

The project team is aiming to develop a personalised approach to assessment and care planning, which educates and empowers teenagers and young adults affected by cancer to develop into independent adults. The project will introduce a tool to assess wellbeing, to develop pathways for psychological support and build links with primary care and local authorities to improve communication and foster greater engagement in survivorship care.

NOSCAN

NHS Tayside

Project Lead – Dr Elaine Henry

This project aims to implement the HNA and utilise Treatment Summaries to support patients to improve how they live with the consequences of radiotherapy treatment, providing access to specialist input nearer to the patient's home and within community based facilities.

NHS Western Isles

Project Lead – Ms Gill Chadwick

To establish a programme of support, which will facilitate patients to progress onto a self management pathway across the islands. The intention is that this will promote independence, the ability of individuals and their families to feel more confident in managing their condition and know where to access advice and support to help meet their individual needs.

SCAN

Scottish Borders Council & NHS Borders – Primary Care

Project Lead(s) – Dr Maude Donkers and Ms Gwyneth Johnston

The project team want to enable people affected by cancer to live as independent a life as possible within their own communities, which will be supported by implementing a reablement approach to ensure that the functional skills and confidence levels are retained to enable participation in daily activities.

Dumfries & Galloway Council

Project Lead(s) – Ms Sheila Hutcheson & Ms Thomesena Lochhead

This project aims to support people, including families and carers better, through individual support and involvement in activities and new opportunities that promote a better quality of life and wellbeing. This will be supported by transforming how local services work together.

Fife Council

Project Lead – Ms Julie Paterson

The project will drive a range of strategic, transformative and operational actions, which will develop a generic model of engagement and partnership working, which will improve outcomes for individuals and families affected by cancer.

Midlothian Council

Project Lead – Mr Tom Welsh

The project team is aiming to improve the ongoing support of people living with cancer, enabling the accessing of services through better signposting and information and supporting people to manage their lives more effectively.

NHS Lothian – Primary Care

Project Lead – Dr Sinead Bradshaw

To empower people affected by cancer to optimise their wellbeing whether they are rehabilitating back to normal life or entering the palliative phase of their illness, offering a more holistic assessment of their needs, with an emphasis on the utilisation of community resources and progressing joint processes across health and social care.

WoSCAN

North, South and East Ayrshire Councils

Project Lead – Mr Stephen Brown

This projects aims to support people affected by breast cancer and colorectal cancer to build the skills and necessary confidence to return to employment or to pursue business opportunities through integrated employability support.

East Dunbartonshire Council & East Dunbartonshire Community Health Partnership

Project Lead – Ms Sandra Cairney

To lay the groundwork for an infrastructure to identify, support and empower people affected by cancer, which will help reduce social isolation, improve pathways following discharge from hospital establishing better networks and co-ordination of support.

NHS Greater Glasgow & Clyde

Project Lead – Dr Chris Hewitt

This project is aiming to raise awareness, knowledge, skills/confidence amongst health, social care staff and 3rd sector employees to identify and support patients who are experiencing Cancer Related Cognitive Impairment (CRCI) through the provision of teaching/training and relevant self help materials.

Renfrewshire Council, Renfrewshire Community Health Partnership & Accord Hospice

Project Lead – Ms Pauline Robbie

The project team will provide a seamless transition from a medical model of care and treatment into the community for support and rehabilitation to improve the emotional, physical and mental wellbeing of those affected by cancer.

East Renfrewshire Community Health & Care Partnership

Project Lead – June Findlater

The project aims to test ways of improving the communication links, which will support better referral and assessment rates for members of the ethnic population affected by breast cancer. The aim is to improve access to local support services with a focus on recovery, rehabilitation, psychological, financial and social functioning where these are less accessible or accepted.

West Dunbartonshire Council

Project Lead(s) – Ms Mary Holt & Ms Wendy Jack

This project will review and enhance co-ordination and supply of current service provision across different partners and ensure the delivery of an improved health and wellbeing model of service.

North Lanarkshire Council, South Lanarkshire Council and NHS Lanarkshire

Project Lead – Ms Kathie Coonagh

The project team want to support people to build their confidence, resilience and self esteem post cancer treatment and to regain a sense of independence with the utilisation of self directed support payments, which will allow people to move forward with their lives.

NHS Lanarkshire – Primary Care

Project Lead – Dr Rosalie Dunn

To provide holistic and structured cancer care reviews for people affected by cancer in primary care practices.

Learn and Share Events

During 2014 a number of TCAT Learn and Share events took place supporting phase 1 projects to share their learning.

With a significant number of new projects in 2015, the learn and share events will have a regional focus bringing together the teams from the phase 1 and 2 projects across the region. These events will be taking place in the 2nd half of 2015.

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TCAT Website

www.scotland.gov.uk/Topics/Health/Services/Cancer/TCAT