**Psychological Therapies and Support Framework Implementation - Self Assessment Template**

The following self assessment template should be completed to detail your organisations position against the agreed quality statements.

| **Quality Statement** | **Measure/s** | **Current Position**  | **Actions** | **Timescale** |
| --- | --- | --- | --- | --- |
| Services should have a clearly defined pathway detailing the provision of psychological assessment and care for people with cancer, including systematic, routine monitoring of psychological well-being and ready access to psychological therapies as appropriate | *Description of current pathway / processes for assessing psychological needs and risk stratification, including:** Overview of psychological therapies pathway in place
* No. of patients seen by service in 2016 (by intervention level) including detail on location (NHS Board) of residence if available
* No. of carers seen by service in 2016 (by intervention level)
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| All individuals working within relevant services should complete appropriate training to enhance their knowledge and skills of psychological care | *Description of current training in place, including:** Has the Training Matrix been used to determine the training needs of staff/volunteers?
* Training access issues/ opportunities?
* Number of staff working at each level?
* No. of staff/volunteers undertaken emotion matters module
* No. of staff undertaken developing practice module
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| All professionals delivering psychological interventions should have regular and routine access to consultation and/or supervision to optimise competency and delivery of interventions | *Description of current process regarding supervision, including:** Outline of supervision process
* Dates of supervision
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| People with cancer should have their psychological wellbeing monitored using an assessment of needs, with a tailored plan for meeting these, throughout the pathway where necessary, not solely at diagnosis and end of treatment | *Description of current pathway / processes for assessing psychological needs and risk stratification, including:** What is organisations assessment approach?
* Are there any specific tools utilised?
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| All people with cancer with psychological need identified should have access to the appropriate level of evidence based psychological intervention appropriate to their need | *Description of current services provided, including:** What is mechanism to access services?
* What is the process for cross referral to other organisations (please include number of cross referrals, if available)?
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| People with cancer receiving a psychological intervention should have their response to treatment monitored and the delivery of treatment adjusted in response to outcomes | *Description of outcome monitoring process in place, including:** Do you have a process of outcome monitoring/evaluation of response?
* What is cross referral mechanism, both across levels of need internally and with other organisations?
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**Completed by:**

**Date:**