

# Regional Genetics Service



## Guidance for Referral

The West of Scotland Cancer Genetics service is based at Southern General Glasgow and holds peripheral clinics. (See text below for venues)

Please send **all** referrals to:

**West of Scotland Cancer Genetics Service**  
**Department of Clinical Genetics**  
**Level 2A, Laboratory Medicine Building**  
**Southern General Hospital**  
**1345 Govan Road**  
**Glasgow G51 4TF**  
**Phone: 0141 354 9200 (reception)**

When making a referral, please include as much information as possible about the:

- Type of cancer
- Relationship of any affected relatives to the patient being referred
- Name(s) of affected relative(s); especially those previously seen in the genetics clinic
- Age(s) at diagnosis of affected relative(s)

For storage of blood, please see text below.

## Storage of blood for DNA

For patients with cancer who would like to have blood stored for possible testing in the future, please send:

- 5mls of blood in an EDTA tube to the DNA lab, Level 2B Laboratory Medicine Building, Southern General Hospital, Glasgow.
- Please write 'cancer family for storage' on the request form.

## Peripheral clinics

Peripheral clinics are also held in:

- **Ayrshire and Arran**  
Ayr Hospital, Crosshouse, Hospital  
(main outpatients)
- **Greater Glasgow and Clyde**  
Inverclyde Royal Hospital
- **Forth Valley**  
Forth Valley Royal Hospital Larbert
- **Lanarkshire**  
Monklands Hospital, Maggie's Centre Wishaw

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## The Service

The service is for those at moderate or high risk of cancer (see guidance).

However:

- Some individuals at low risk of cancer may still request a referral despite reassurance from their doctor or nurse. Please highlight this within the referral letter so that the genetics service is aware.
- If someone has a complex family history of several unusual cancers (**not** covered by this guidance) then please consider referral.

### Cancer Risk (\*see notes regarding first degree relatives)

Breast Cancer	Low Risk	Moderate Risk	High Risk
<b>1 Relative:</b> Over 40 years at time of diagnosis	Reassure		
Under 40 years at time of diagnosis *		Refer	
With bilateral breast cancer *		Refer	
Who is male (Male breast cancer) *		Refer	
With both breast & ovarian cancer (double primary) *			Refer
<b>2 Relatives:</b> 2 relatives over 60 years	Reassure		
2 relatives under 60 years *		Refer	
1 under 60 years & 1 relative with ovarian cancer *		Refer	
1 relative under 40 years and 1 relative with a childhood cancer			Refer
<b>3 Relatives:</b> Any age *		Refer	
<b>4 or More Relatives:</b> 4 or more relatives under 60 years			Refer

Ovarian Cancer	Low Risk	Moderate Risk	High Risk
<b>1 Relative:</b> Any age	Reassure		
<b>2 Relatives:</b> Or more *			Refer
1 relative with ovarian cancer (any age) <b>and</b> 1 relative with breast cancer under 50 years *		Refer	
<b>3 Relatives:</b> 1 relative with ovarian cancer (any age) <b>and</b> 2 relatives with breast cancer under 60 yrs *		Refer	
<b>4 Relatives:</b> 3 with colorectal cancer (1 under 50 years) <b>and</b> 1 relative with ovarian cancer *			Refer

Colorectal Cancer	Low Risk	Moderate Risk	High Risk
<b>1 Relative:</b> Over 50 years	Reassure		
<b>1 Relative:</b> Under 50 years *		Refer	
<b>2 Relatives:</b> With average age under 60 years* or 2 relatives at any age where both are 1 <sup>st</sup> degree relatives		Refer	
<b>3 or More Relatives:</b> All over 50 years *		Refer	
With 1 diagnosed under 50 years *			Refer

**Notes:** \*One relative must be a **first degree** relative unless through an intervening male.

- 1st Degree** = Mother, sister, daughter, father, brother, son.
- 2nd Degree** = Grandmother, granddaughter, aunt, niece, grandfather, grandson, uncle, nephew.
- Colorectal Cancer** = Main changes are age-related.